

1. Job Title	Senior Care Assistant	2.	Job Description Date	February 2024
3. Department/Team	Health & Wellbeing	4.	Reports to	Senior Staff Nurse

#### 5. Context

The Royal Hospital Chelsea is a historic institution providing sheltered accommodation (Long Wards) and full nursing care where necessary (the Margaret Thatcher Infirmary) for some 300 retired soldiers, known as In-Pensioners. It ensures Army veterans are provided with the support and comradeship they need in recognition of their service to the Nation and safeguards their historic home for the veterans of tomorrow.

The role holder is expected to lead by example in demonstrating the Royal Hospital Values:

- Nurture Belonging unite through comradeship.
- Respect Individuals listen and act.
- Encourage Pride commit to high standards.
- Enjoy Life make people smile.

All roles within the Royal Hospital Chelsea (RHC) have an integral part to play in contributing to the achievement of the Hospital's Strategy and Vision.

## 8. Role Purpose:

To provide the highest standard of personal care and assistance to the Pensioners, always promoting their dignity and individuality. and maintain a safe, and secure environment for Pensioners, staff, and visitors.

# 9. Principal Accountabilities: 8-10 outcomes

#### Principal Tasks

- Ensuring the highest possible levels of care are maintained
- Complete daily records as instructed for each In Pensioner you deliver care to. Using both
  written and the Kareinn app as appropriate, to ensure interventions and monitoring of
  Pensioner information is up to date at point of care, and in line with the Royal Hospital's
  policies and procedures.
- Assess, implement and review plans of care for Pensioners as directed.
- If appropriate dispense medication after satisfactory completion of the Safe Handling of Medicines course, ensuring correct recording of all relevant information relating to medication, report any errors immediately to line manager.
- Provide supervision and attention when needed, ensuring Pensioners retain their comfort, dignity and pride in their status as Chelsea Pensioners.
- Play a key role in the serving of meals and helping frail Pensioners unable to feed and note dietary intake. Observe the principles of safety in food handling.



- Pay particular attention to assisting Pensioners who have limited mobility, or physical difficulties making the best used of aids provided.
- Closely monitor Pensioners who may be confused and/or who have behavioural problems.
- Assist Pensioners who suffer incontinence with dignity and respect.
- Assist in the delivery of care for Pensioners who are dying or who have a progressive illness.
   Ensure full privacy and dignity is maintained for the dying and the bereaved, report to team leader if concerned re safe end of life care being maintained in the long wards. Assist with last offices.
- Assist in the framework of social activities by interacting with Pensioners and helping them continue with hobbies and activities. Refer to social care team for additional support.
- Report on well-being of Pensioners and liaise with GPs, senior staff members, the Medical Centre, the Chaplain, Captain of Invalids, family and friends.
- Work collaboratively with the Porters and Housekeeping Team for the well-being of the Pensioner.
- Carry daily skin integrity checks and ensure pressure relieving equipment are appropriate.
- Practice maximum integrity in all dealings with the Pensioners personal and financial affairs and avoid abuse of the privileged relationship that exits with the Pensioners.
- Participate in Staff and Pensioner meetings as and when required.
- Support the safeguarding of pensioners by raising any concerns relating to the care and wellbeing of Pensioners immediately to a senior member of staff.

## 10. Leadership expectations

The role holder is expected to: Behave in a respectful and dignified manner at all times, upholding the values of the RHC.

## 11. Skills Knowledge and Experience

## **Essential Skills**

- Genuine interest in working with, the elderly.
- Ability to communicate effectively at all levels.
- Ability to work effectively in a team.
- Basic computer and email skills
- Good literacy and numeracy skills with an ability to complete accurate care documentation to the expected standard



- Ability to work well under pressure and prioritise, when required
- Ability to develop and promote positive working relationships with individual In Pensioners and their families, as appropriate.
- Being able to lead the team and delegate duties.

## Desirable Skills

Education in the care of the elderly

# Knowledge and Experience

 Knowledge of needs and rights of older people and an understanding of good care principles and the CQC fundamental standards

Competencies			
Medication competency			
Care Plan Competency			
Monthly Audits (Infection C	ontrol)		
Qualifications:			
NVQ Level 3			
Should have prior experience	in Medication Administrati	ion and Care Planning	
12. Agreement: I have revie	wed this Job Description a	and confirm it accurately reflects	s the role.
Line Menene		Dete	
Line Manager		Date	
Employee		Date	

Note: All RHC employees are expected to be flexible in undertaking the duties and responsibilities for their role and may be asked to perform other duties, which reasonably correspond to the general character of their role and their level of responsibility.